

# **Dolphin Daily**

# Week of February 26th

#### Week of 2/26/24

<u>Thursday</u>- Early Release for K-5th grades at Noon! No 21st Century! <u>Friday</u>- 2nd Grade Kickball Event, 5th Grade Classroom Celebration

## CFK ACADEMY PUBLIC Charter High School

Thank you to our College of the Florida Keys Academy Student Volunteers for visiting with our students weekly to instill a love of Reading!



# SAFETY PATROL SPOTLIGHT

Student: Adrian Felix Grade: 5th Age:11 I sibling He has lived in Key West all his life. Mrs. Gallagher said Adrian is an Avid reader and goes above his AR goal! He also loves skateboarding outside of school. Adrian is always on time and performs his safety patrol job consistently

# Don't forget about our Jump Rope for Heart Challenge- See below!



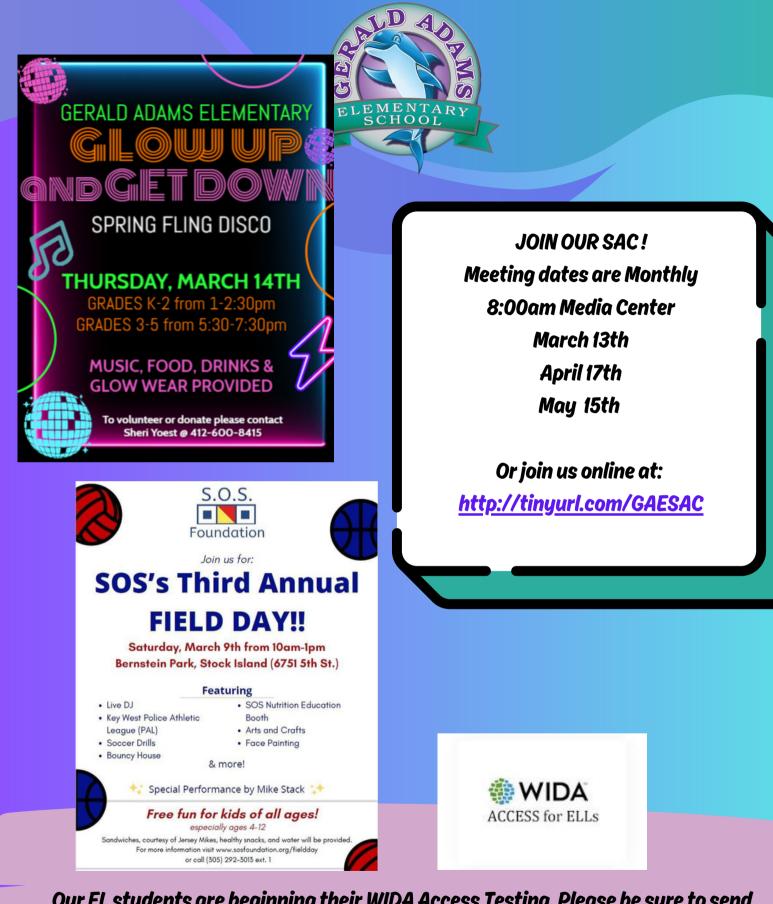
We are so excited about our school's American Heart Association Kids Heart Challenge kicking off! We are asking you to register for our Kids Heart Challenge team and help us reach our goal of 100% of our families learning the lifesaving skill of Hands-Only CPR. Last year, <u>5-year-old Phil</u> <u>and his mother, Megan</u>, saved a life because they watched the Hands-Only CPR video (part of Finn's Mission).

Get started today and be the first at our school to complete Finn's Mission!

- <u>Click Here to Register.</u> or download the free "AHA Schools" app.
- Complete Finn's Mission: Watch the 2-minute Hands-Only CPR video featuring cardiac arrest survivor, Damar Hamlin, and watch a music video on the warning signs of a stroke (F.A.S.T.).
- Share with Family & Friends: Send messages via social media, text messages and/or email.

Help our class win the classroom challenge by registering and completing Finn's Mission. We can create a community of lifesavers!

Thank you!



Our EL students are beginning their WIDA Access Testing. Please be sure to send students to school ready to learn.

Our testing window is open from February 5th through March 15th. Please contact your student's teacher if you have any questions!



# **Student Events**







## Florida Assessment of Student Thinking (FAST) & Computer Adaptive Testing (CAT) Parent Info

#### What is CAT?

- Online assessment that is adjustable based on student answers
- Grade level content only (does not go above or below current grade level)
- PM3 Testing Dates: Writing 4/1-4/12, FAST ELA, Math and Science 5/1-5/31

#### Which tests are CAT?

- FAST K-2
- FAST 3-10 ELA
- FAST 3-8 Math
- Algebra 1
- Geometry EOC
- 2024-2025 Science & Social Studies

#### How can I help my child?

- Access the FAST Family Portal to review PM1 and PM2 scores to set goals with your student. Each test picks up at the level the student left off at, encourage them to do their best on every test.
- Encourage them to do their best on every question before moving onto the next. This prevents the test from leveling down on the next question.
- Encourage students by saying, "The harder it gets, the better you are doing!" The more success in challenging content will earn a higher scale score.
- Use scratch paper to keep notes and work out problems.
- Use resources at home such as IXL, FAST practice tests, etc.
- Visit the FAST Portal for additional information.
- Review Achievement Level Scores so that your child understands their progress:





#### Computer Adaptive Tests (CAT) are:

- Taken Online
- Adjustable based on student answers
- Grade level content only (does not go below grade level)
- Utilized for FAST ELA, Math & B.E.S.T. EOCs
- Based on Florida
   B.E.S.T. Standards
   OR based on previous

   FAST Test results

# FAST STUDENT INFO Typs for Success 2023-2024

Take your TIME and do your BEST on EACH item before moving onto the next question or set of questions.

You MUST answer EVERY question with your BEST educated guess before moving on, but you can flag a question you would like to go back to and review at the end of the test.

The harder it gets, the BETTER you are doing! The more success in challenging content will earn a HIGHER scale score.

Try your BEST and take your TIME on each question. If you do not know the answer to a question, make your BEST educated guess based on the information you have.



#### Counselor's Corner; Parent Tips & Tricks

#### February 2024

# Attendance

#### **Build the Habit of Good Attendance**

- Showing up on time every day is important to your child's success and learning from preschool forward.
- Missing 10% of school (1 or 2 days every few weeks) can make it harder to: Gain early reading and math skills, and building relationships.
- Set a regular bedtime and morning routine.

### Parent-Teacher Relationship

#### The Parent-Teacher Relationship

- It is important for parents to get to know their children's teachers, creating an open line of communication between the parent and school throughout the school year.
- Attend parent-teacher conferences and carefully read all correspondence from your child's teacher and school.

# Be Ready to Learn

#### Send Your Child to School Ready to Learn

- Kids also need <u>enough sleep</u> to be alert and ready to learn all day. Most school-age kids need 9– 12 hours of sleep a night.
- Bedtime problems can come up at this age for a variety of reasons. Homework, sports, afterschool activities, games and TV, and hectic family schedules can lead to kids not getting enough sleep.
- Lack of sleep can cause irritable or hyperactive behavior and might make it hard for kids to pay
  attention in class. It's important to have a consistent bedtime routine, especially on school nights.
  Leave enough time before lights-out for your child to unwind, and <u>limit media use</u> like TV, video
  games, and Internet access.